

IHS Injury Prevention Program



California Area Indian Health Service

IHS Injury Prevention Courses Offer Unique Training

Many California Indian health care providers have attended Indian Health Service (IHS) injury prevention training over the last three decades. The IHS contracted with the University of North Carolina (UNC) to improve the injury prevention training program. The revised courses have been met with great approval and have received exceptionally high evaluations from recent graduates.

Seven core topics are covered in the courses. These core topics are introduced and explored in a progressive manner throughout the three courses. The presentation of the subject matter allows students to build on each course. The closely intertwined curriculum incorporates the latest practical information and approaches that have been proven to reduce injuries in Indian country.

The highly-acclaimed IHS Injury Prevention Fellowship training program also continues to evolve. There are now two tracts: (1) Program Development and (2) Epidemiology. The IHS IP Fellowship provides advanced learning from experts at top IP research centers. The IHS IP Fellowship is recognized as one of the most comprehensive IP training programs in the world. The IHS provides funding for health program staff to attend.

The basic IHS courses (*levels I-II*) are prerequisites for persons that want to pursue the IHS IP Fellowship program. Health programs with trained staff that have taken these courses also receive extra points to qualify for IHS injury prevention program capacity building grants.

(See Page 3 for a listing of Upcoming Courses)

Three California Health Program Providers Selected for Fellowship

(Pictures top to bottom): **Carmen Bias** (American Indian Health Project of Bakersfield); **Arturo Calvo** (Indian Health Council) and **Sherron Prosser** (Feather River Tribal Health) were selected to the 2006 - 2007 IHS Injury Prevention Program Development Fellowship class.

As part of the fellowship, each student will work on a project to reduce the injury problem in their service area. Guidance will be provided by faculty throughout the year.



For more Information on the IHS Injury Prevention Program contact:

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Capacity Building

Indian Health Council and CRIHB Awarded IHS 5 Year Capacity Building Grants

The Indian Health Council, Inc. program serving Indian people in southern California and the California Rural Indian Health Board (CRIHB) were awarded capacity building grants for injury prevention for the next five-years, which began in September 2005. Indian Health Council will receive \$50,000 per year for a total of \$250,000. CRIHB qualified for the “advanced” capacity building award which is for \$75,000 per year or \$375,000 over the five year period.

Arturo Calvo is coordinating the injury prevention program at the Indian Health Council. Arturo has worked at Indian Health Council for 7 years and is very experienced at doing outreach work.



Arturo Calvo is a National Highway and Traffic Safety Administration Certified Child Passenger Protection Technician



*Lisa Murray, Barbara Hart (LI-R)
Cindy Blacksmith (Inset)*

Cindy Blacksmith and Lisa Murray started in November and will continue the excellent injury prevention work done by CRIHB. CRIHB received a capacity building grant from the IHS in 2000 and is developing their program and implementing interventions to serve California Indians. Barbara Hart is the director for the CRIHB injury prevention efforts and has been with CRIHB since the inception of the program. The CRIHB has been an important partner with the IHS in sponsoring trainings and developing the Safe American Native Passenger (SNAP) child passenger protection curriculum.

CRIHB has hired two additional staff to continue their work on injury prevention. Both

Training

SNAP 12 hour Child Passenger Training Available

A workgroup of Indian Health Service and tribal staff has developed a 12-hour course (Safe Native American Passengers) to introduce basic concepts of child passenger safety. The course is divided into 8 hours of instruction and 4 hours of hands-on experience.

The intended audience of this course is anyone who works in Native American communities and is interested in child passenger safety: Health Educators, EMS Personnel, Fire Personnel, Law Enforcement, Tribal Environmental Health Specialists/Practitioners, and Child Care Providers.

Included in the course materials are the videos - "Don't Risk Your Child's Life" and "Securing Our Future"

What makes this course different from other short CPS courses?

The SNAP training includes statistics relevant to Native Americans. The course has culturally appropriate videos and addresses CPS issues unique to Native Americans such as cradleboard use. The SNAP course was professionally reviewed to achieve the appropriate literacy level for the intended audience. Contact Robert Newsad for more information.

Introduction to Injury Prevention Course a Success in Bishop



In cooperation with the Toiyabe Injury Prevention Coalition, the IHS held an Introduction to Injury Prevention (Level 1) course in Bishop, CA, April 2005.

Upcoming IHS Injury Prevention Courses

Introduction to Injury Prevention (Level 1)

Phoenix, Arizona

March 21-24

Introduction to Injury Prevention (Level 1)

Bismark, North Dakota

April 24-28

Advanced Injury Prevention (Level 3)

Albuquerque, New Mexico

May 2-5

Intermediate Injury Prevention (Level 2)

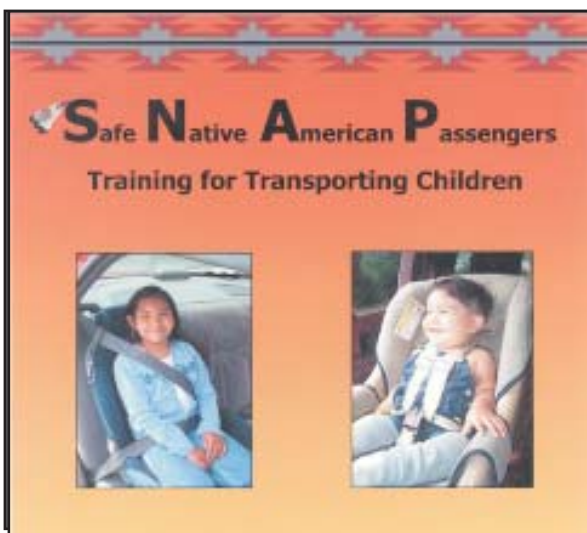
Salt Lake City, Utah

August

Introduction to Injury Prevention (Level 1)

Oklahoma City

October



Sleep Safe Program

The goal of the Sleep Safe program is to reduce the rate of fire and burn injuries among AI/AN children enrolled in tribal head start programs. The objectives for the Sleep Safe program include:

- ◆ Providing a fire safety curriculum module for the head start.
- ◆ Providing smoke detectors for each child's home.
- ◆ Providing project implementation training for a minimum of one head start staff member.

In addition, the US Fire Administration and the Indian Health Service have produced a fire safety video entitled,

"Practicing Home Fire Safety."

This 9 minute video features American Indians in the cast and was produced specifically for use in conducting American Indian and Alaska Native fire safety projects. The video

features an American Indian family as they make a comprehensive fire safety plan for their home. *Please contact Robert Newsad if you would like a copy of this video.*



Website Information: <http://www.ihs.gov/MedicalPrograms/InjuryPrevention/sleepsafe.pdf>

New School Bus Restraint Law goes into effect in 2006



Gloria Villanueva of the Santa Rosa Rancheria head start program adjusts the belts on the new booster restraint system for their school bus.

Comprehensive Injury Data for California Indian Health Programs

During the Summer of 2004, Janae Price, a masters degree student from the University of Indiana, compiled the most recent available data for injuries to California Indians. The resulting "Injury Atlas" specific for California Indians was mailed to all health program directors. Please contact Robert Newsad for additional copies.



Child Passenger Protection Videos Available

The California Area Indian Health Service, Injury Prevention Program maintains a video lending library. Included are several videos that health program staff have found very useful in child passenger protection (CPP) education. Some of the specific titles include:

- ◆ "Securing our Future" an 11 minute video featuring American Indians exploring traditional issues.
- ◆ "Protecting our Most Cherished Gift" filmed with American Indians in North Dakota. 13 minutes
- ◆ "Don't Risk Your Child's Life" Version 6, a contemporary approach to CPP with information to train health providers. 21 minutes.
- ◆ "Sizes" a booster seat video produced by Boost America, 5 minutes.
- ◆ "Cradleboards, A Tradition of Safety and Security" Yakima Nation. Discusses relationships between traditional cradleboards and child passenger protection devices. 12 minutes.

